

Sunflower Farmers Market Handmade Pork Sausages



Maple Breakfast: Pork, salt, fructose (fruit sugar), black pepper, red pepper, coriander, ginger, oil of sage, and maple syrup.

(Per One Link) Calories 203; Cal from Fat 53; Total Fat 6g; Sat Fat 2g; Trans Fat 0g; Cholesterol 109mg; Potassium 498 mg; Total Carbohydrate 4.3 g; Fiber 0g; Sugar 3.8 g; Sodium 131mg; Protein 29g

Maple Hot Breakfast: Pork, Salt, fructose (fruit sugar), black pepper, red pepper, coriander, ginger, oil of sage, cayenne pepper, and maple syrup.

(Per One Link) Calories 203; Cal from Fat 53; Total Fat 6g; Sat Fat 2g; Trans Fat 0g; Cholesterol 109mg; Potassium 498 mg; Total Carbohydrate 4.3 g; Fiber 0g; Sugar 3.8 g; Sodium 131mg; Protein 29g

Andouille: Pork, onion, refined sea salt, garlic, red pepper, black pepper, flavorings and natural mesquite smoke flavoring

(Per One Link) Calories 188; Cal from Fat 53; Total Fat 6g; Sat Fat 2g; Trans Fat 0g; Cholesterol 109mg; Potassium 501 mg; Total Carbohydrate 0g; Fiber 0g; Sugar 0g; Sodium 138mg; Protein 29g

English: Pork, Salt, flavorings and citric acid.

(Per One Link) Calories 187; Cal from Fat 53; Total Fat 6g; Sat Fat 2g; Trans Fat 0g; Cholesterol 109mg; Potassium 498 mg; Total Carbohydrate 0 g; Fiber 0g; Sugar 0g; Sodium 143mg; Protein 29g

Apple Cinnamon: Pork, salt, sugar, apples, pepper, cinnamon, ginger, allspice, cloves, and apple flavorings.

(Per One Link) Calories 187; Cal from Fat 53; Total Fat 6g; Sat Fat 2g; Trans Fat 0g; Cholesterol 109mg; Potassium 498 mg; Total Carbohydrate 0.2g; Fiber 0g; Sugar 0.2g; Sodium 128mg; Protein 29g

Mild Breakfast: Pork, salt, fructose (fruit sugar), black pepper, red pepper, coriander, ginger and oil of sage.

(Per One Link) Calories 187; Cal from Fat 53; Total Fat 6g; Sat Fat 2g; Trans Fat 0g; Cholesterol 109mg; Potassium 498 mg; Total Carbohydrate 0 g; Fiber 0g; Sugar 0g; Sodium 131mg; Protein 29g

Hot Breakfast: Pork, salt, fructose (fruit sugar), black pepper, red pepper, coriander, ginger, oil of sage, and cayenne pepper.

(Per One Link) Calories 187; Cal from Fat 53; Total Fat 6g; Sat Fat 2g; Trans Fat 0g; Cholesterol 109mg; Potassium 498 mg; Total Carbohydrate 0 g; Fiber 0g; Sugar 0g; Sodium 131mg; Protein 29g

Chorizo*: Chicken, spices, salt, paprika, mustard, garlic powder, vinegar, and silicone dioxide (to prevent caking).

(Per One Link) Calories 190; Cal from Fat 54; Total Fat 6g; Sat Fat 2g; Trans Fat 0g; Cholesterol 109mg; Potassium 513 mg; Total Carbohydrate 0 g; Fiber 0g; Sugar 0 g; Sodium 133mg; Protein 29g

Bratwurst: Pork, Salt, flavoring, mustard and sugar.

(Per One Link) Calories 189; Cal from Fat 54; Total Fat 6g; Sat Fat 2g; Trans Fat 0g; Cholesterol 109mg; Potassium 497 mg; Total Carbohydrate 0 g; Fiber 0g; Sugar 0g; Sodium 140mg; Protein 29g

Beer n Bratwurst: Pork, salt, flavoring, mustard and sugar, New Castle beer

(Per One Link) Calories 193; Cal from Fat 54; Total Fat 6g; Sat Fat 2g; Trans Fat 0g; Cholesterol 109mg; Potassium 497 mg; Total Carbohydrate 0 g; Fiber 0g; Sugar 0g; Sodium 140mg; Protein 29g

Garlic Cheddar Bratwurst: Pork, salt, flavoring, mustard and sugar, garlic, cheddar cheese

(Per One Link) Calories 213; Cal from Fat 72; Total Fat 8g; Sat Fat 3.3g; Trans Fat 0g; Cholesterol 115mg; Potassium 497 mg; Total Carbohydrate 0 g; Fiber 0g; Sugar 0g; Sodium 177mg; Protein 31g

Jalapeno Pepper jack Bratwurst: Pork, salt, flavoring, mustard and sugar, jalapenos, cheddar jack cheese

(Per One Link) Calories 250; Cal from Fat 98; Total Fat 11g; Sat Fat 5.2g; Trans Fat 0g; Cholesterol 124.5mg; Potassium 497 mg; Total Carbohydrate 0g; Fiber 0g; Sugar 0g; Sodium 233mg; Protein 33g

Country: Pork, salt, fructose, black pepper, red pepper, coriander, ginger and oil of sage

(Per One Link) Calories 187; Cal from Fat 53; Total Fat 6g; Sat Fat 2g; Trans Fat 0g; Cholesterol 109mg; Potassium 498 mg; Total Carbohydrate 0g; Fiber 0g; Sugar 0g; Sodium 132mg; Protein 29g

German: Pork, salt, dextrose, coriander, black pepper, nutmeg, and other flavorings

(Per One Link) Calories 187; Cal from Fat 53; Total Fat 6g; Sat Fat 2g; Trans Fat 0g; Cholesterol 109mg; Potassium 498 mg; Total Carbohydrate 0g; Fiber 0g; Sugar 0g; Sodium 157mg; Protein 29g

Polish: Pork, salt, fructose (fruit sugar), black pepper, mustard seed, nutmeg, caraway, garlic, allspice, and marjoram.

(Per One Link) Calories 187; Cal from Fat 53; Total Fat 6g; Sat Fat 2g; Trans Fat 0g; Cholesterol 109mg; Potassium 498 mg; Total Carbohydrate 0g; Fiber 0g; Sugar 0g; Sodium 173mg; Protein 29g

Sweet Italian: Pork, fructose (fruit sugar), salt, black pepper, fennel, garlic, and oil of fennel.

(Per One Link) Calories 188; Cal from Fat 53; Total Fat 6g; Sat Fat 2g; Trans Fat 0g; Cholesterol 109mg; Potassium 499 mg; Total Carbohydrate 0.2g; Fiber 0g; Sugar 0g; Sodium 134mg; Protein 29g

Hot Italian: Pork, fructose (fruit sugar), salt, black pepper, red pepper, fennel, garlic, and oil of fennel.

(Per One Link) Calories 188; Cal from Fat 53; Total Fat 6g; Sat Fat 2g; Trans Fat 0g; Cholesterol 109mg; Potassium 499 mg; Total Carbohydrate 0.2g; Fiber 0g; Sugar 0g; Sodium 134mg; Protein 29g

Cajun: Pork, salt, garlic, paprika, dextrose, red pepper, black pepper, flavorings, natural smoke flavor, and white pepper.

(Per One Link) Calories 187; Cal from Fat 53; Total Fat 6g; Sat Fat 2g; Trans Fat 0g; Cholesterol 109mg; Potassium 499 mg; Total Carbohydrate 0g; Fiber 0g; Sugar 0g; Sodium 136mg; Protein 29g

Green Chili: Pork, salt, flavorings, mustard, sugar, 505 green chili sauce, crush red pepper flake for HOT

(Per One Link) Calories 191; Cal from Fat 53; Total Fat 6g; Sat Fat 2g; Trans Fat 0g; Cholesterol 109mg; Potassium 498 mg; Total Carbohydrate 1.8g; Fiber 0g; Sugar 1g; Sodium 222mg; Protein 29g

Linguisa: Pork, Salt, washed raw sugar, paprika, flavorings and garlic.

(Per One Link) Calories 187; Cal from Fat 53; Total Fat 6g; Sat Fat 2g; Trans Fat 0g; Cholesterol 109mg; Potassium 499 mg; Total Carbohydrate 0 g; Fiber 0g; Sugar 0g; Sodium 140mg; Protein 29g

*Our chorizo sausage is the only sausage we carry which cannot be considered 'natural.'

Our sausages are handmade daily with fresh, all-natural ground chicken and/or pork. Since they are handmade, this nutrition information is only an approximate, general reference for your use and should never be used as an exact guide when specific dietary needs must be met. If you do have special dietary needs, please consult your doctor or dietitian to see if our handmade sausages will fit into your medical nutrition therapy. Additionally, Sunflower/Newflower Markets, Inc. reserves the right to change their sausage ingredients at any time. Please refer to www.SFMarkets.com to download the latest copy.