April 2012

Salt Lake City Events Calendar

SUNFLOWER FARMERS MARKET

SUNDAY & MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 **2** IT'S NO JOKE... Sunflower has the freshest produce in town. Stop in for your favorites this week.	**3** Tomorrow's event benefits the Univ of Utah Diabetes & Endocrinology Center.	**4** **1 DAY, 1 DOLLAR, 1 CURE** **Diabetes Benefit** 11am-1pm, and 5-7pm, stop by for diabetic-friendly samples. Info and resources available.	**5** **KIDS CLUB** **3pm-5pm** Drop in for an Easter craft and treat . In the front of the store.	**6** **PASSOVER BEGINS** Shop here for Kosher products. We carry the Manischewitz brand. Heavenly Hands: 12:30-3:30	**7** **Hoppy Holiday Sampling** **12pm-2pm** Stop by for samples and ideas for Easter dinner.
8 **9** HAPPY EASTER We will be open 7am-8pm today.	**10** **VEGAN APRIL FOOLS** **7PM-9PM** Jen Russell-Fenus of Earthsave will tempt and trick you with interesting food pairings.	**11** **GOT MILK??? (Substitutes)** **11AM-1PM** Stop by and sample soy, rice, hemp or coconut milk subs. Heavenly Hands: 12:00-3:00	**12**	**13** **FEATURED PRODUCT SAMPLING** **2PM-4PM** Stop by for a sample of a featured sale item and try something new.	**14**
15 **16**	**17**	**18** **MAIN DISH SALADS** **3PM-5PM** Needs a quick and healthy dinner idea? Stop by for a sample and recipe.	**19** **ESSENTIAL OILS** **6:30PM-7:30PM** Manina Hilbck will provide an introduction to essential oils and their benefits.	**20**	**21** **EARTH DAY EVENTS** **12pm-3pm** Bring in your recycled bag for double credit all day. Check store for Earth Day activities.
22 **23**	**24**	**25** **SEASONAL SAMPLING** **12PM-2PM** Stop by to try the freshest produce in town.	**26** **"SPRING " INTO RAW FOODS** **6:30PM-7:30PM** Join instructor Kristyn Carroll as we explore tasty raw food treats.	**27** **FREE CHAIR MASSAGE** **12:30-3:30** Heavenly Hands will offer a complimentary 5 minute chair massage in Natural Living.	**28** **SAUSAGE SATURDAY** **11AM-1PM** Stop by for lunch on our patio outside. $2.00 for a grilled sausage.
29 **30** Check out our selection of fresh herbs, ready to plant.		Would you like to put on an event with us this year? Call Events Coordinator Susan at 801-364-1602			**Attn: Non Profits** Purchase discounted gift cards that your non profit can sell. Contact Susan for more details.

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